

Editorial

THE COMMONWEALTH GAMES

The Commonwealth Games are an international multi-sport event involving athletes from the Commonwealth of Nations. The event was first held in 1930, and has taken place every four years since then (with the exception of 1942 and 1946, which were cancelled due to World War II). The most recent Commonwealth Games were held on the Gold Coast, Queensland, Australia from 4 - 15 April 2018. The Commonwealth Games were known as the British Empire Games from 1930–1950, the British Empire and Commonwealth Games from 1954–1966, and British Commonwealth Games from 1970–1974.

The games are overseen by the Commonwealth Games Federation, which also controls the sporting programme and selects the host cities. The games movement consists of international sports federations, Commonwealth Games Associations and organising committees for each specific Commonwealth Games. There are several rituals and symbols, such as the Commonwealth Games flag and Queen's Baton, as well as the opening and closing ceremonies. Over 5,000 athletes compete at the Commonwealth Games in more than 15 different sports and more than 250 events. The first, second, and third-place finishers in each event receive a Commonwealth Games medal: gold, silver, and bronze, respectively. Apart from many Olympic sports, the games also include some sports that are played predominantly in Commonwealth countries, such as lawn bowls and netball.

Although there are 53 members of the Commonwealth of Nations, 71 teams participate in the Commonwealth Games, as a number of dependent territories compete under their own flags. The four Home Nations of the United Kingdom—England, Scotland, Wales, and Northern Ireland—also send separate teams.

Nine nations have hosted the Commonwealth Games, 19 cities in seven countries having hosted the event. Australia has hosted five Commonwealth Games (1938, 1962, 1982, 2006, 2018), Canada having hosted four (1930, 1954, 1978, 1994). Two cities have hosted Commonwealth Games more than one time: Auckland (1950, 1990) and Edinburgh (1970, 1986).

Only six countries have attended every Commonwealth Games: Australia, Canada, England, New Zealand, Scotland and Wales. Australia has been the highest achieving team for twelve games, England for seven, and Canada for one.

This year's event resulted in South Africa winning 37 medals and being placed sixth nation overall.

The 2022 Games will be hosted by Birmingham.

By String Smith

WYNPRESS

The Rotary Club of
Wynberg



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Barry Cleveland, Lina Howard, Keela van
Niekerk, Hugh Maunder, Stephen
Bredenkamp

April Rotary Theme

Maternal and Child Health Month

**Wynberg Rotary meet every Thursday,
6 for 6.30pm,
Palm House, Wynberg.**

For more information about our club, like us
on Facebook or visit our website:

Wynbergrotary.org.za



**ROTARY:
MAKING A
DIFFERENCE**

Minutes

12 April 2018

Compiled by Keela van Niekerk

Attendance	15 members present
Visitors	Dr Gill Schermbrucker (Guest Speaker), Dr Melvyn Moodley (CEO of Victoria Hospital), Stacey Edwards, Justin Johnson.
From the President's Chair	Pres. Rob welcomed all present, and especially the two representatives from Victoria Hospital.
Fellowship	12 th : Lina and Brian's 5 th wedding anniversary. 16 th : Bruce's birthday
Members' Moments	A bland week, with nothing unusual happening to anybody!
Slots	Justin: Quiz Night 21 August at Earth Fair market. He is asking early for prizes and sponsorship. Last year we made about R12 000.
	Biffy: Asked how many people are going to Cape of Good Hope Rotary (Tuesday 24 th April) Bruce has found a wine glass from the braai held at his house for the RFE Kansas group.
Guest Speaker	<p>Dr Gill Schermbrucker is a Paediatric Doctor at Victoria Hospital, and also a mother to twin toddlers. Her address was "Caring for children in the context of family to improve communities".</p> <p>Insight into Victoria Hospital:</p> <ul style="list-style-type: none">• Per the 2016 survey; Southern District has 167 476 children up to the age of 17. This is the biggest area in Western Cape. Largest age group is 5-17 years comprising about 124 835 people (school going age).• With only 25-30 beds we admit about 2000 patients annually (doubled in 10 years), with 7 000 out patients annually (20-30 per day).• Substance related neglect (drugs), violence, ADHD, ASD and an increasing trend of sick children from the False Bay area. <p>Gill was ably introduced and thanked by Biffy.</p>
President's Sweetie Pie	No Sweetie Pie award was given to anyone this week. <i>See the likely reason under Members' Moments, above – Ed.</i>
Swindle	Mike chose the wrong card, but Stephen B won the attendance prize.

There's no success like failure – and failure is no success at all

-Bob Dylan

Duty Roster	April		May	
	19	26	3 Business meeting	10
Sergeant	Barnard	NO MEETING	Jackson	Overbosch
Wynpress Editorial	Schreiber		Todd	Van Niekerk K
Wynpress Minutes	Bredenkamp		Cleveland	Howard
Door Duty	Cleveland		Bird	Dietrich
Grace	Munday		O'Driscoll	Overbosch
Loyal Toast	Van Niekerk		Bayes	Bredenkamp
International Toast	Munday		Overbosch	Schonegevel J
Speaker Intro and Thanks	Bayes		N/A	Bird
Entertainment for the month	Cleveland, Dietrich, Munday, Schonegevel J, Jackson		Barnard, Bayes, Danckwerts, Gowdy, Thomas	

Dates To Diarise

19 April	Prof. Neil Armitage, UCT Civil Eng. Dept. "Moving towards a 'water sensitive' Cape Town".
24 April (Tuesday)	Raid on Cape of Good Hope RC, St James. Ex cricketer Vince van der Bijl as Guest Speaker.
3 May	Business Meeting.
10 May	Proposed raid on RC Am Kap. Sea Point High School debating teams also present. Meeting will be held in English!
17 May	TBC
24 May	TBC
7 June	Biffy's Induction as President. See below.



Hugh's Nughs

Still in Ireland, Hugh sends the following interesting bit of early history from Ulster:

The stone ringfort, Grianan of Ailigh was probably constructed in the late eighth century AD, as the capital of the kings of this part of Ulster. In 904 and 939 it was plundered by the Vikings. The final destruction took place in 1101 by the army of the King of Munster, and it was only restored in 1870.

The wall is about 4.5 metres thick and 5 metres high. Inside it has three terraces, which are linked by steps, and has two long passages within it. Originally, there would have been buildings inside the ringfort.

An old story gives the advice not to whisper a secret within the walls of the fort, as everyone will know. This may be because of the acoustics within the fort or there may even be somebody in a passage within the wall.

The entrance, with precise alignments to the equinoxes, suggests that the original construction on the site was for the celebration of the sun. During this time the beam will cut the monument in half with equal northern and southern parts.



Tailpiece

Some satirical illustrations from Polish cartoonist Pawel Kuczynski:

